

News & Views

Inc. Stanford Rivers Parish Council News Letter

May/June 2018

Issue No. 97

Celebrate with Us – Wednesday 20 June 6pm

On **Wednesday 20th June**, members of the local community, including the Parish Council and Toot Hill Village Hall Committee, will be holding a social event to officially launch our new Community Defibrillator, and to celebrate the improvement works to the village hall made possible by way of funding received via Essex County Council's Community Initiative Funds. The latest grant received allowed for much needed renovation works to the garage, together with a new decking area for the picnic tables and fencing. It's very easy for small community halls to fall into a state of disrepair, and without great effort by community volunteers, this could have been the future for Toot Hill Village Hall. This work was started by the late Cllr Ron Hayden, who worked tirelessly for many years in support of the Village Hall. More recent works include a resurfaced car park, new internal and external lighting, and measures to ensure the safety of all hall users.

It is hoped the new community Defibrillator will never need to be used, but it's nice to know it's there for our community if the need arises. The event starts at

6pm, and will be at **Toot Hill Village Hall**. This is an opportunity for all members of the community, young and old, individuals and families, to get together and celebrate our achievements over a glass of wine (or soft drink!) and some light refreshments.

Wednesday 20th June – 6pm
TOOTHILL VILLAGE HALL

*Please do come
and join us.*



Toot Hill Country Show – Saturday 4th August

Entries to the horticultural competition improved last year which is great, but we would love to see this trend continue! The competition is open to everyone, so ask all your friends to enter. This is a fun competition for all ages and you should not think it is only for experts. The rules for entry are very easy to understand and there are hints and tips on the website. We are also very pleased to provide help and guidance if required. If you have always wondered what it was like to enter a horticultural competition this is your chance. No previous experience is necessary and remember this is a small show, so you have a good chance of getting a prize!!

There are classes for Baking and Preserves, Flowers and Plants, Handicrafts, Photography and Vegetables. There are also lots of children's classes so a great way to get little fingers busy and their imaginations buzzing.

The competition rules are not difficult to understand, and we don't take things too seriously! The show is on **Saturday 4th August**, so there is plenty of time to **Make, Bake and Grow**.

If you did not receive a schedule in the post they can be picked up in Sennars News Agent in the high street, or you can find it online at www.Toothillshow.co.uk, or contact maurice@stanford-rivers.co.uk.



Show Competition Schedule available **NOW!**

Sick Of Hearing About GDPR? What Is It?

If you are anything like me, you will be absolutely fed up to the back teeth with hearing about GDPR. It's on the news, on Facebook, all over Twitter, and worst of all clogging up our emails with anything up to 10 emails a day telling us how important it is that we 'renew our preferences' or 'make sure we opt in'. All joking aside, GDPR (or General Data Protections Regulations) is actually quite important for all of us as it protects our data rights as individuals (or as a 'data subject' as we are now known!) Below is an 8 step guide as to what GDPR means for you:

Terminology:

- 'Data' means any information that relates to an individual, i.e. name, address, email, age, etc.
- 'Processing' means doing anything with the data, i.e. filing, using, storing, keeping, holding.
- 'Data Subject' – that's you!

1. Companies that process personal data must do so in a lawful, fair and transparent manner.
2. Companies should collect only that data which is necessary, and not keep personal data once the processing purpose is completed.
3. You, as a 'data subject', have the right to ask any company what information it holds about you, what it does with that information, and the right to ask for the information to be corrected or deleted.
4. Gone are the days when a company can say 'unless you tick this box, we assume you give us your consent'. Your information must be explicitly obtained, by you giving your consent. You have to freely give this information, and it can only be used for the purpose of which it was obtained.
5. Companies must maintain a Personal Data Breach Register and notify the regulator (The Information

- Commissioner) within 72 hours of identifying a breach
6. Companies must ensure that if your data is processed by a third party (we all recall Cambridge Analytica and Facebook), it must be done so lawfully and protecting the privacy of personal data.
7. When there is significant processing of personal data in an organisation, the organisation should assign a Data Protection Officer.
8. Companies must ensure their employees are trained in Data Protection.

For most of us, this won't really mean much other than some time reviewing and reconfirming what we are signed up for. But for all of us, it means having greater control over how companies and organisations use the information they hold on us. In today's day and age of social media, and the willingness of people to give personal information to anybody and everybody, this is perhaps recognition that in the future we're going to have a problem on our hands!



For more information, go to www.ico.org.uk

Learner drivers on motorways

From 4 June 2018, learner drivers can take motorway driving lessons with an approved driving instructor.

June

4

From 4th June learner drivers can take motorway driving lessons in a law change intended to improve road safety. Any motorway lessons learner drivers take will be voluntary and must be with an approved driving instructor in a car with dual-controls displaying L plates. However, motorway driving is not being added to the driving test as part of this change, and the change in law does not apply to learner motorcyclists. The Driver and Vehicle Standards Agency (DVSA) says driving instructors will only take learner drivers on the motorway when they have 'the right skills and experience to drive in a high-speed environment'. The DVSA says some newly qualified drivers avoid driving on motorways because they lack confidence, which means they spend more time on 'challenging' rural roads where, in 2015, 80% of all young driver deaths happened. Visit www.saferessexroads.org

Will Your Pothole Be fixed?

Essex Highways has published details of the roads it will be resurfacing this year as part of the £50m 2018/19 capital surfacing programme. Essex County Council will carry



out a variety of schemes designed to improve the condition of roads, pavements and bridges – in turn extending their life, making journeys safer and inspiring economic growth. Residents can find out what work is taking place in their area by logging onto a new interactive map on the Essex Highways website. The 2018/19 investment is a key part of the council's strategic ambition to improve roads to ensure journeys are safe and reliable for everyone. The capital programme will see potholes removed along identified stretches of road. The surfacing will include a mix of treatments, including full resurfacing or surface dressing, according to the needs of the particular location and type of road. To find out if your road is on the map, visit Essex Highways at:

<http://www.essexhighways.org/transport-and-roads/interactive-maps-and-live-travel-information/future-roadworks-map.aspx>

Stanford Rivers Neighbourhood Watch



WhatsApp

It takes less than a minute for a thief to break into your vehicle and steal it, or your belongings inside. More than half of car crime is opportunistic but by taking a few simple steps you can outsmart thieves and reduce the chances of your car being targeted. Keyless car theft continues to make headlines across the country. There has been much conflicting advice, and for this reason this month we are including the official Crime Prevention advice from Essex Police, giving you the best opportunity to keep your vehicle safe.

1. Store your keys away from household entry points. Keeping your keyless entry fob out of sight is not enough – thieves only need to gain proximity to the key to amplify the signal. Faraday Bags can be purchased online and in stores. These will prevent your signal being intercepted and your vehicle stolen.
2. Despite social media or public opinion, DO NOT leave

- keys in the fridge, microwave or a tin as this may do more damage to the key and is unlikely to be effective.
3. Review your car security. Check for after-market security devices such as steering locks or trackers, which are proven to deter thieves. If your vehicle has a manufacturer's installed tracker, check with your insurers before you alter it as it may invalidate your insurance.
4. Contact your dealer and talk about the digital features in your car. Have there been any software updates you can take advantage of?
5. If you have a garage, use it!

As mentioned, it may be worth investing in a 'Faraday Bag', which is made of a material that blocks electromagnetic signals, and employing special sewing techniques such as dual paired seam construction, used to contain devices such as mobile phones and key fobs in order to prevent outside signals from interfering with the contents. These can be purchased online and in stores, and will prevent your signal being intercepted and your vehicle stolen.

Your main coordinator is John Adams:
srpcnw@gmail.com Tel 01277 362194

14 Speeding Vehicles Caught In 1 Hour

On 20th April, in the period of just 1 hour, 14 vehicles were recorded travelling between 38mph and 47mph along a 30mph stretch of road through Little End, Stanford Rivers. These vehicles were caught by the Community Speedwatch Team which consists of a group of local residents who give up just a few hours each month to do their best to deter drivers from speeding through our villages. The registration details of each of the vehicles

caught speeding is passed on to the DVLA for pre-checks of the logged offences before being passed on to the Police for further processing or sending letters using DVLA registered vehicle owner data. The Community Speedwatch initiative runs between April and October, and more volunteers are urgently needed. The hard work has already been done – we just need you for a few hours! Call 07737 736365 if you want to be involved.

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Want To Learn How To Save A Life?

As you will have seen from the front page, the Parish now has a fully functioning, ready to deploy, community defibrillator which is located on the wall of the Toot Hill Village Hall. Thanks to Councillor Tallon who took on this project, the unit is ready to use, regularly maintained, and registered with the East of England Ambulance Service. This means that should you need to call an ambulance, they are already aware of the location of the Defibrillator, and dependent on the symptoms of the patient will advise you whether or not you should obtain it, and use it, whilst you are waiting for the Ambulance to arrive. For some time now, defibrillators based locally in the heart of communities have been saving lives. The good news is that you do not need to be trained in the use of a defibrillator – it will actually talk to you, and talk you through what you need to do should you ever find yourself in the situation where you need to use it. A defibrillator is a device that gives a high energy electric shock to the heart through the chest wall to someone who is in cardiac arrest. This high energy shock is called defibrillation, and it's an essential life saving step in the chain of survival. If you come across someone who has had a **cardiac arrest**, it's vital to call 999 and start CPR.



Whilst you don't need to be trained, it's always useful to have some understanding of how the unit works, and as such the Parish Council is considering running a training session in the use of defibrillators and basic first aid. This would be for a maximum of 12 people, the only criteria being you must either live or work on the Parish. If you are interested in attending such an event, please contact the Clerk at stanforddriverspc@gmail.com, or call 07737 736365.

What Happened?

We were doing so well! You will recall from a previous edition of News and Views the thanks offered to members of the Toot Hill Community for stopping the parking of vehicles on the small green at the entrance to Mill Lane. But this didn't last long. The vehicles have returned, and not only cause a safety issue for vehicles using Mill Lane, but churn up the grass changing the green triangle into a brown and muddy triangle. Please, please – stay off the grass.



Design A Sign - UPDATE

You will recall from our last edition the 'Design a Sign' competition, where we asked local residents to put forward their suggestions for how to make the sign more visible and prominent on Jubilee Green. We received a really mix response, with some residents suggesting it remains exactly as it is, and others suggesting a more colourful approach. Thank you to all of you who took the time to respond. The responses will be considered, and a decision made in the near future as to how to proceed.

Evelyn Mary Warren 1931-2018

It is with sadness that we report the death of Evelyn Warren, our oldest resident, aged 105, who passed away in April. Our condolences are offered to Evelyn's family and friends.

Epping at the Movies

JUNE 2018 SCREENINGS

<p>7:45 PM Three Billboards FRI15 Outside Ebbing, JUNE Missouri¹⁵</p> <p style="font-size: small;">Evening Supporter: 3 Orange Whips Film Blog</p>	
<p>11AM Early Man ^{PG} SAT 16 + 10.30am pre-film JUNE crafts</p> <p style="font-size: small;">Family Supporter: The Little Kitchen</p>	
<p>2.30PM The Greatest SAT16 Showman ^{PG} JUNE + 2.10pm live music from Jan Antrobus</p>	

VENUE: Epping Hall, St John's Road, Epping CM16 5JU
£5.00 adults / £2.00 children (16yrs & under)
TICKETS: from Epping Library and on door (cash only),
 and via:
www.eppingatthemovies.com
facebook.com/eppingatthemovies
[Twitter: @eppingmovies](https://twitter.com/eppingmovies)

**With thanks to
Epping Town
Council**



St Margaret's Church Stanford Rivers



www.stanforddriverschurch.org.uk

In the Christian tradition, saints are those who have gone before us in the faith and especially those who have lived a noteworthy life of faith. We look to the lives of the saints to inspire us as we live our own lives. The Parish Church of Stanford Rivers is now dedicated to St Margaret (previously it was apparently dedicated to St Mary). There are however two St Margarets - St Margaret of Antioch (who died in AD 304) and St Margaret of Scotland (who lived from 1045 to 1093) and we are unsure which of these two saints is our Patron Saint and we therefore tend to celebrate both. St Margaret of Antioch was apparently a native of Antioch in what is now Turkey and the daughter of a pagan priest. Her mother having died soon after her birth, Margaret was nursed by a Christian woman five or six leagues (15-18 miles) from Antioch. Having embraced Christianity and consecrated her virginity to God, Margaret was disowned by her father, adopted by her nurse, and lived in the country keeping sheep with her foster mother. The Roman Governor asked to marry her but with the demand that she renounce Christianity. Upon her refusal, she was cruelly tortured and killed, during which various miraculous incidents occurred. St Margaret of Antioch's feast day is the 20th July and on Sunday 22nd July we will be celebrating our Patronal Festival. This will be marked by the Bishop of Barking visiting us to lead our service and preach. Because he has such a large area to oversee, he is not able to visit churches very often and so this is a special occasion for us and the parish. We would like to invite everyone in the parish to join us for this service. The weekend of the bishop's visit is the time that the schools break up for the summer holidays. I would therefore like to wish all our parishioners a blessed holiday season.

Services

- 17th June - Catch up Communion at 10.30am
- 1st July - Catch up Church at 10.30am
- 22nd July - Catch up Communion at 10.30am (with Bishop of Barking visiting)

Catch up cafe - 10.30am Toot Hill Village Hall

3rd July, 28th September (in aid of McMillan Nurses),
9th October, 6th November, 4th December

Advance Notice - Quiz Night 10th November 7.30pm In aid of The British Legion - more details in future issues.

Apologies to all of you who turned up to the cafe in April and May and were disappointed-circumstances beyond our control-sick children!!!!

With best wishes

Revd Neil Taylor - Parish Priest for Stanford Rivers and Greensted (priest@stanforddriverschurch.org.uk)

Stay Healthy with Lifewalks

Lifewalks is a walking for health scheme organised by Epping Forest District Council Community Services, and is approved by local doctors and hospitals and the West Essex Clinical Commissioning Group (WECCG). Every week, Lifewalks offers a choice of group walks led by specially trained staff. There are walks across the whole of the Epping Forest District so you will find one near you.

Why go walking? It's fun, cheap, and a form of exercise everyone can do. A recent study showed just a small amount of physical activity each day could have substantial health benefits. Physical activity should be an important part of your daily life. Going for a walk just three times a week can reduce your risk of:

- Having a stroke— by up to 60%
- Developing heart disease— by up to 50%
- Developing diabetes – by up to 50%
- Developing arthritis, osteoporosis and Alzheimer's disease— by up to 20%

The next lifewalks will take place on **Tuesday 19th June** at 10.30am (Walk around Upshire and Copped Hall), and **Monday 16th July** at 10.30am (a historical walk with Dr Jim Lewis - writer, lecturer & broadcaster). For full details, including how to sign up to these events, go to www.eppingforestdc.gov.uk and click on the 'out and about' link.



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Full Page (A4)	£50.00	£200.00



Stanford Rivers Parish Council Newsletter

Annual Parish Meeting

At our Annual Meeting of the Parish Council in May, Cllr John Glover was elected as Chairman, with Cllr Robert Jackson elected as Vice Chairman. We also say goodbye to Cllr Alan Buckley who resigned from his position as Councillor due to moving home. Alan has been a long standing and very active member of the Parish Council for over 10 years, and his departure will undoubtedly be a loss not only for the Council, but also for local residents. This now leaves a vacancy for a Parish Councillor. If you are interested in becoming a councillor, please contact the Parish Clerk.

Finger Post Signs

Work continues to get the finger posts installed near the Green Man, Toot Hill, however there is a question over what type of wood to use to ensure longevity. But rest assured, works are continuing behind the scenes.

Defibrillator.

Thanks to the efforts of Cllr Tallon, this is now installed at the Toot Hill Village Hall.

Changes to Planning

We have responded to a consultation by Epping Forest District Council regarding possible changes to how planning applications are dealt with at the Local Planning Authority. The Parish Council's response expressed the importance of ensuring the voice of local residents continues to be heard, and given full and detailed consideration when decisions on planning applications are made.

We look forward to seeing you on Wednesday 20th June 6pm at Toot Hill Village Hall.

Why not pop along to our next meeting - 5.30pm on Thursday 5th July.



EPF/1099/18	5 Cumley Road Stanford Rivers Ongar Essex CM5 9SJ	First floor rear extension. NO OBJECTION
EPF/1047/18	Meadow Rise 38 Berwick Lane Stanford Rivers Ongar CM5 9PZ	Certificate of Lawful Development for existing use of land as residential garden. LAWFUL
EPF/0760/18	Toot Hill Golf Club School Road Stanford Rivers Ongar CM5 9PU	Proposed demolition of agricultural shed structure and construction of 10 No 2 bedroom apartments to be occupied on short lets for golf or holiday breaks in connection with the golf club, together with associated external works / landscaping.

Council would **SUPPORT** this application subject to the following:

- **Access to the apartments should be via the main Golf Club entrance. The proposed entrance is on an extremely tight bend with poor visibility, and an increase in traffic on this bend would be detrimental to Highway Safety.**
- **Increased landscaping should be put in place to act as a green buffer between the road and the North East Elevations to ensure no advert effect on the openness of the green belt.**
- **A Condition is attached to any planning permission granted that the apartments must be used as holiday lets in conjunction with the Toot Hill Golf Course ONLY, and not for general holiday lets or in fact let on a long-term basis to any individual.**

It is accepted this proposal would have an effect on the openness of the green belt, however the continued viability of a local leisure facility outweighs any harm.

EPF/0863/18	11 Garden Fields Stanford Rivers Ongar CM5 9PL	Proposed detached car port to front garden/driveway NO OBJECTION
EPF/0749/18	1 London Road Stanford Rivers Ongar Essex CM5 9PH Proposal	Proposed first floor rear extension and proposed dormers. NO OBJECTION
EPF/0466/18	6 Church Cottages Church Road Stanford Rivers Ongar Essex CM5 9PS	Two storey side and rear extension - as an amendment to EPF/3191/17 (for a two storey side and rear extension) so as to include a first floor rear shower room extension. NO OJECTION
EPF/3441/17	14 Garden Fields, Stanford Rivers CM5 9PL	Erection of boundary timber fencing to front garden. NO OBJECTION




**Sounds of Essex
Youth Music & Wellbeing
Festival 2018**



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FREE EVENT FOR ALL

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10am-6pm at Central Park, Chelmsford,
and 7-8pm at Chelmsford Cathedral

For more info: www.essexmusicclub.org.uk
www.young-essex-assembly.org.uk

The Green Man & Courtyard is under a new family run management! Our lunchtime special menu of 2 courses for £11.95 and 3 courses for £14.95 Monday-Saturday, 12- 6pm is proving to be very popular and is our best selling deal, come in and try it! Every Friday we serve Fish & Chips at £10 a head, we also serve Chicken or Lamb Curry accompanied with rice, naan and poppadoms at £10 a head every Wednesday. To book a table with us please ring **01992522255** or pop in and see us at The Green Man, School Road, Toot Hill, Ongar



How did you celebrate the Royal Wedding? With stories of street parties, BBQs, and a 'Right Royal Afternoon Tea', we would love to hear how you celebrated the event. If you have any pictures, or would simply like to tell about your celebrations, please send details to us at stanfordriverspc@gmail.com



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